

## Fir and Pond Woods

This is the best remaining part of the ancient Enfield Chase with diverse woodland, meadow and wetland habitats which support an abundance of wildlife.

There are two main areas of woodland, primarily oak and hornbeam with some beech, rowan and silver birch. The woods are rich in birdlife including woodpeckers, sparrowhawks, warblers and tits.



At the southern end of Pond Wood there is an ancient meadow with woodland on three sides and Turkey Brook on the fourth. The meadow is being conserved with the help of Shetland sheep whose grazing stops the [scrub](#) encroaching. The meadow is rich in [invertebrates](#), including butterflies, grasshoppers and large numbers of old ant hills.

The lake at the southern end is gradually being colonised by plantlife such as common reedmace and gipsywort. It supports large numbers of dragonflies including the ruddy darter.

The reserve is leased by the Trust from Hertfordshire County Council.

### Volunteer at Fir and Pond Woods

The management regime is designed to encourage a diversity of species through restoration of the grassland, maintenance of ponds and control of invasive species.

Volunteer work parties take place at Fir and Pond Woods on the third Sunday of the month at 10:00am -1:00pm. For more information contact David Gompertz on 01707 657351.

For other volunteering opportunities within the Trust, [click here](#).

- [Get driving directions](#)
- [Find nearby public transport](#)

### How to Get Here

#### Location

Potters Bar

#### Directions

Go north along Potters Bar High Street (A1000) and fork right towards Northaw and Cuffley (B156). After about 1/2 mile turn right into Coopers Lane Road. Reserve is about 1/2 mile on right. Park in layby opposite entrance to Oshwal Centre. Enter reserve here.

#### Public Transport Links

Bus: The Causeway, Potters Bar (242) 1 mile away. Rail: Potter Bar (2 miles).

#### Walking Links

From Coopers Lane Road or public footpath from Potters Bar.

#### Map Reference

TL 277012

## Visitor Guide

### Size

29 hectares

### Access to site

Accessible at all times.

### Access around site

Paths are generally good - level and firm in dry weather. Steep slopes in places and can be muddy in winter.

### Walking time

1 1/2 hours

### Advice on what to wear/bring

Wellingtons required in wet weather.

### Map of site (if available)