

NEWS RELEASE

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For immediate use

## Put a spring in your step!

**Bluebells are just starting to put on a dazzling display at woodland nature reserves across Hertfordshire.**

Blooming from the beginning of April, bluebells thrive in the coppiced woodland nature reserves managed by Herts and Middlesex Wildlife Trust. Discover these beautiful displays of spring flowers by joining one of the Trust's guided bluebell and spring walks:

### **Hawkins Wood in the spring**

**Hawkins Wood Nature Reserve, Sandon** Wednesday 13 April

10.30am to 12.30pm. Call the Wildlife Trust for directions.

### **Put a spring in your step!**

**Cassiobury Park Local Nature Reserve, Watford** Saturday 16 April

10am – 12 noon Meet at Rustic Bridge.

### **Amazing bluebells**

**Old Park Wood Nature Reserve, Harefield** Sunday 17 April

10.30am to 12.30pm Call the Wildlife Trust for directions.

### **Woodland walk**

**Bramfield Woods, Tewin** SG14 2QL Tuesday 26 April

6.30pm . Meet car park opposite Grandison Arms.

### **Bluebell walk**

**Pryor's Wood Nature Reserve, Stevenage** Sunday 1 May

10am. Meet at entrance to the wood on Gresley Way.

Try Balls Wood, Stocking Springs Wood and Longspring Wood too for wonderful displays of spring flowers. More information and directions are available on the Trust's website: [www.hertswildlifetrust.org.uk](http://www.hertswildlifetrust.org.uk)

Remember that bluebells are sensitive to trampling so it is best to remain on the reserve paths if you can.



## Herts & Middlesex

Grebe House  
St Michael's Street  
St Albans  
Hertfordshire  
AL3 4SN

Tel: (01727) 858901  
Fax: (01727) 854542

Email:  
[sarah.buckingham@hmwt.org](mailto:sarah.buckingham@hmwt.org)  
[www.hertswildlifetrust.org.uk](http://www.hertswildlifetrust.org.uk)

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President - SA Bowes-Lyon, PCA

Other woodland flowers to look out for include wild daffodils, violets, lesser celandines, yellow archangels, wood anemones and primroses. The riot of colour you can expect during a bluebell walk is often accompanied by birdsong and insects buzzing away. Visit early in the day or an hour before dusk to enjoy the bird activity at its best.

A woodland walk will put a spring in your step and your £3 donation will give a boost to our [Bluebell Appeal](#) at the same time – working to restore Hertfordshire’s ancient woodlands. We need to raise £20,000!

ENDS

### **Notes for editors:**

#### **Spring walks**

**Find a spring walk near you here:**

[www.hertswildlifetrust.org.uk/NewsAndEvents/events+on+a+map](http://www.hertswildlifetrust.org.uk/NewsAndEvents/events+on+a+map)

#### **Bluebell Appeal** [www.hertswildlifetrust.org.uk/bluebellappeal](http://www.hertswildlifetrust.org.uk/bluebellappeal)

We need to raise £20,000 for woodland restoration. Our woodland habitats are disappearing across Britain. The decline in traditional management practices over the last 50 years has seen ancient semi-natural oak-hornbeam woodlands, the woodland most typical of Hertfordshire, shrinking by about a third. As a result, the future for many local species hangs in the balance. We need to safeguard this irreplaceable natural resource.

#### **Herts and Middlesex Wildlife Trust** [www.hertswildlifetrust.org.uk](http://www.hertswildlifetrust.org.uk)

We are the leading voice for wildlife conservation in Hertfordshire and neighbouring areas. With 44 nature reserves spanning 1,900 acres, from beautiful woodlands and wetlands to rare patches of heath and orchard, we take practical action every day to help wildlife flourish. The Wildlife Trusts are unique in being the only organisations that work to protect the full range of UK habitats and species, at a local level.

**The Wildlife Trusts (TWT)** [wildlifetrusts.org](http://wildlifetrusts.org) There are 47 individual Wildlife Trusts covering the whole of the UK and the Isle of Man and Alderney. All are working for an environment rich in wildlife for everyone. We have more than 800,000 members including 150,000 members of our junior branch [Wildlife Watch](#). Our vision is to create [A Living Landscape](#) and secure [Living Seas](#). We manage around 2,300 nature reserves and every year we advise thousands of landowners and organisations on how to manage their land for wildlife. We also run marine conservation projects around the UK, collecting vital data on the state of our seas and celebrating our amazing marine wildlife. Every year we work with thousands of schools and our nature reserves and visitor centres receive millions of visitors. Each Wildlife Trust is working within its local communities to inspire people about the future of their area: their own Living Landscapes and Living Seas.

#### **Contact for further information and high res images:**

Sarah Buckingham, Communications Officer  
01727 858901 ext 228  
[sarah.buckingham@hmwt.org](mailto:sarah.buckingham@hmwt.org)