

## Volunteer on our Reserves

Help to keep our Nature Reserves at their very best

Volunteers are needed for our monthly reserves work parties. Beginners are welcome and all tools are supplied and training given.

Wear clothing that is appropriate for the weather conditions and stout footwear/wellies. Please bring something to drink, a hat and sun block if the weather is hot. Due to the type of work, volunteers must be 18 or over.

If you are interested in any of these opportunities then please contact Hannah Lewis on 01727858901 or email [hannah.lewis@hmwt.org](mailto:hannah.lewis@hmwt.org)

### NORTH/EAST HERTFORDSHIRE

[Amwell Nature Reserve](#), Ware

When: Last Sunday of each month from September to March. 9.30am - 12.30pm.

[Ashwell Quarry Nature Reserve](#), Baldock

When: Third Sunday of each month. 10am - 1.30pm

[Danemead Nature Reserve](#), Broxbourne

When: Last Sunday of each month from September to March. 10am - 1pm

[King's Meads Nature Reserve](#), Hertford/Ware

When: Second Sunday of each month. 10am - 1pm

[Patmore Heath](#), Bishops Stortford

When: Last Sunday of each month from September to April. 10am - 12pm

[Purwell Ninesprings](#), Letchworth / Hitchin

When: First or second Sunday of each month. 10am - 1pm

[Rye Meads](#), Hoddesdon

When: First Sunday of each month from September to March. 10am - 1pm

### WEST/MID/SOUTH HERTFORDSHIRE

[Cassionbury Park](#), Watford

When: Third Sunday of the month, and the Tuesday before it. 10am - 3pm

[Fir and Pond Woods](#), Potters Bar

When: Third Sunday of each month. 10am - 1pm

[Frogmore Meadow](#), Chenies

[Gobions Wood](#), Brookmans Park

When: Every Sunday. 9.30am - 12pm

[Lemsford Springs](#), Welwyn Garden City

When: First Sunday of each month. 9.30am - 12.30pm

[Stanborough Reedmarsh](#), Welwyn Garden City

When: Occasional work parties - call Volunteer Warden for more information

[Tewinbury Nature Reserve](#), Welwyn Garden City

When: Fourth Sunday of the month, from September to March. 9.30am - 1pm

[Wilstone Reservoir](#), Tring

When: Occasional work parties. Call Volunteer Warden for details

MIDDLESEX

[Stocker's Lake & Springwell Reedbed](#), Rickmansworth

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